



Team Ecosse Northboats  
Community Amateur Sports Club

Membership Terms and Conditions  
[www.tencycling.co.uk](http://www.tencycling.co.uk)



1. Paid membership is a 12 month subscription with fees due by 31st January each year.
2. Members joining in the month of November prior to the January renewal date will be granted membership for the following year inclusive. The membership of anyone joining earlier than 1st November will not carry forward to the following year.
3. When membership expires, you will be notified by email, and must renew within 28 days otherwise you will be deemed no longer a club member and your details removed from the club management tool.
4. All members' details will be held on British Cycling Management Tool. Neither British Cycling or Team Ecosse Northboats will share your details with any 3rd party.
5. All new subscriptions will be either accepted or rejected by the club secretary. Any person whose application to join the club is rejected has the right to appeal in writing to the committee.
6. All members agree to abide by the club constitution which can be found by visiting the Team Ecosse Northboats club website.
7. All riders who come along on an organised ride should abide by these Terms and Conditions, and adhere to the Rider Code of Conduct (below).
8. All riders who come along on an organised ride should carry a mobile phone and accessible next of kin information with them in case of an emergency.
9. Membership fees are non-refundable.
10. Wearing a cycling helmet when riding with the club is mandatory.
11. All riders must carry a spare inner tube, pump and sufficient supplies.
12. When riding in low light conditions, all riders must ensure their bike is fitted with fully functioning lights front and back, for the duration of the ride (or low light conditions)
13. At all times abide by the Highway Code. Members should act responsibly at all times while representing the club and be courteous to all other road users.
14. Members are advised to dress appropriately and to take consideration of any likely adverse weather e.g. ice/snow/fog etc. and wear appropriate clothing and ride accordingly.
15. Members should ride single file on busy roads and on quieter lanes, no more than two riders abreast. When there is a car approaching riders must revert to riding single file till the road is clear.
16. The use of mobile phones or cameras while riding is not permitted.
17. The use of music players is not advised. Riders need to be able to hear the traffic and cyclists around them at all times.
18. Bikes must be deemed to be road worthy. This means working brakes, gears, maintained tyres inflated correctly and be the right size bike for the rider. If we find that your bike is not road safe you will be asked not to ride with us till the bike has been rectified.
19. Members are welcome and encouraged to post content to any Team Ecosse Northboats social media pages or on Spond, however, posts which brings the club, its members, sponsor or associated personnel or businesses into disrepute are not welcome and will be removed by administrators. This includes profanity, discrimination, defamatory comments, inappropriate or offensive images or links and any other remark which goes against the constitution of Team Ecosse Northboats.
20. These terms and conditions apply to members during club rides, and at any time when they are representing the club including when cycling while wearing items of club kit.
21. In accordance with 4 c) of the Club Constitution, the committee has the right to remove membership for good cause, such as gross or frequent disregard to these Terms and Conditions or Club Constitution.



### Rider Code of Conduct

- Responsible for their own safety
- Responsible for the safety of other riders in the group
- Make club fun and sociable place to be
- Be friendly and welcoming, particularly to new members
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity
- Refrain from the use of bad language or racial/sectarian references
- Refrain from all forms of bullying, including that via social media or any other form of communication
- Respect the role of the ride leader and ride supervisor
- Carry NoK information
- Comply with the highway code
- Responsible for their own well-being during the ride
- Carry enough fuel and water
- Inform ride leader if intending to leave the ride
- Adhere to ability and fitness requirements
- Wear a helmet
  - Conforms to recognised standard
  - Is undamaged
  - Correct size
  - Correctly fitted
- Clothing and equipment
  - Appropriate for the activity
  - Environment
  - Weather
  - Considering potential for change
  - Ideally by layering
  - Jacket advisable
  - Gloves
  - Eye coverage
- Bike
  - In good working order
  - 2 working brakes
  - Appropriate size
  - Appropriate for the environment
- Repairs
  - Responsible for their own repairs
  - Equipment
- Be prepared for situations such as adverse weather conditions
- Be prepared for mechanical problems and flat tyres
- Carry tools and tubes
- Not to use cameras or phones during a ride
- Recommend not using music players. Riders must be able to hear safety calls and vehicles